

JZ BRAIN

AIR PRESSURE+
SHIATSU MASSAGER

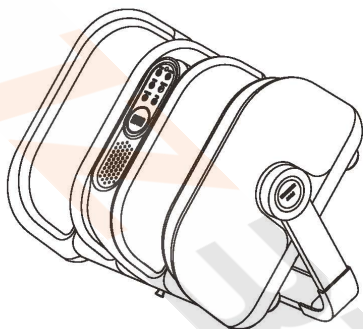


Foot Massager Machine Instruction Manual

Thank you for purchasing our products.

- Please read the instruction manual carefully before use, especially the "safety precautions", fully understand the scope of application and operation methods of the product, so that you can use it correctly and safely.

What's in the Box



Foot Massager*1



Infrared Remote*1



Power Cord*1



User Manual*1

Safety Instructions



To ensure safe and proper use of this massager, please read and follow all safety instructions carefully. Failure to do so may result in personal injury or product malfunction.

Usage Duration & Power Compliance

- Please limit use to no more than 30 minutes per session, as extended use may cause muscle or nerve discomfort.
- Before use, check that the power supply matches the rated voltage indicated on the product label.

Do NOT Use If You

- Are pregnant or have recently given birth.
- Use a pacemaker or other implanted electronic medical device.
- Have heart disease, vascular disorders, or abnormal blood pressure.
- Are diagnosed with osteoporosis, spinal stenosis, or have recently suffered fractures or injuries.
- Have undergone recent surgery.
- Have open wounds, inflamed skin, or severe skin sensitivity.
- Experience poor blood circulation or extremely sensitive skin.

Consult Your Doctor Before Use If You

- Have malignant tumors.
- Suffer from heart disorders.
- Have lost temperature sensitivity.
- Have sensory impairments.
- Have wounds at the treatment site.
- Have a fever of 38°C (100.4°F) or higher, or suffer from fatigue, chills, or unstable blood pressure
- Have a significantly weakened physical condition.

Usage Restrictions

This device is not recommended for children, or for individuals with limited self-care ability or sensory impairments.

- If physically or mentally disabled, use only under adult supervision.
- Children under 14 should not use this product unless supervised by a responsible adult.

Environment & Operation Warnings

- Do not use the product near aerosol spray products or in places where concentrated oxygen is present.
- Do not use near fire sources or in humid environments such as bathrooms or kitchens.
- Do not immerse the product in water or expose it to other liquids.
- Always use the device in a well-ventilated, dry, and indoor environment.
- Never use the massager if the power cord is damaged or if the unit has been dropped or appears faulty.

During Use

- Do not apply the product to swollen, bruised, or injured areas.
- If you feel discomfort, pain, dizziness, or unusual pressure, stop using the product immediately.
- Do not fall asleep while using the device.
- Do not use the device if your feet or hands are wet.
- Remove all metal accessories such as rings, bracelets, and watches during use.

Additional Recommendations

- Avoid using the massager within 30 minutes before or after meals, to prevent interfering with digestion.
- For best results, drink warm water after each massage session to support circulation and recovery.

Important Notice

- This product is intended for household relaxation use only.
- It is not a medical device, and should not be used as a substitute for professional diagnosis, treatment, or rehabilitation.
- Do not attempt to disassemble, modify, or repair the unit yourself. If any issues occur, please contact the seller and return it in its original packaging for assistance.

Battery Safety Warning – For Remote Control

This remote contains a button cell battery.
Please read the following precautions carefully:

Keep batteries out of reach of children.

Button cell batteries can be easily swallowed and may cause serious injury or death within hours.

If you suspect a battery has been swallowed or inserted into any body part,
Seek immediate medical attention and do not induce vomiting.

Do not recharge, short-circuit, disassemble, or expose batteries to fire or heat.
This may cause leakage, overheating, explosion, or fire.

Replace only with the same or equivalent battery type
(refer to the remote control label or user guide).

Install the battery with the correct polarity (+/-).
Reversing polarity may damage the remote or cause malfunction.

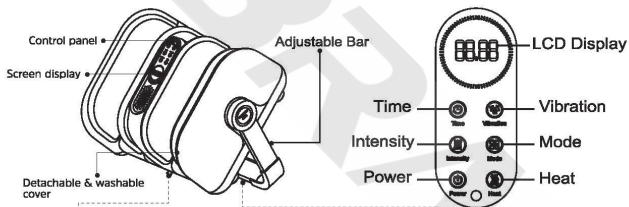
Dispose of used batteries according to local regulations.
Do not throw them into household waste.

Product Parameter



Product Name	Foot Massager
Timing Function	5 / 10 / 15 / 20 / 25 / 30Min
Heating Temperature	100.4°F(38°C) / 107.6°F(42°C) / 114.8°F(46°C)
Temperature setting	H0 / H1 / H2 / H3
Vibration Intensity	F0 / F1 / F2 / F3
Comprehensive Mode	P1 / P2 / P3 / P4 / P5
Air Pressure Intensity	L0 / L2 / L3 / L4 / L5 / L6 / L7 / L8 / L9
Function	Kneading / Air Compression / Vibration / Heating / Timer
Size	20*14*8.5inch
Weight	15.61 lbs / 7.08kg
Rated Power	60W
Rated Voltage	110V(US)/220~240V(EU/UK)

Product Structure










Power cord port



Safety lock

2.Instructions:

1. Please check whether the product is damaged or not before use, and then insert the plug into the power socket after confirming that it is placed in a stable manner.
2. When you see a blue light bar on the display of the machine off , it means that the device is already powered on.
3. After digging into the feet to adjust the appropriate position, short press to  turn on the device; at this time, the default massage mode is P1.
4. During use, you can press  to select the desired massage mode; press  to select the appropriate airbag compression strength; press  to turn on the vibration mode press  to turn on or off the sole heating mode; through press  to select the massage time.
5. When the massage time is up, the product will automatically shut down. If you want to shut down in the middle, you can directly press  to shut down the device.

▲ Note:

- When using the product for the first time, the heating function is turned on, but the vibration function is not turned on. If the product pressure or massage mode makes you feel unsatisfied, please adjust it.
- It is recommended to use it for no more than 30 minutes per day.
- when you adjust the time during use, the time will be recalculated; even if you switch modes during use, the time will continue to be calculated according to the previously set time.

- Default: Off (F0)
- Each press cycles through the three modes.

Note: If you have conditions such as osteoporosis, recent injury, or surgery, consult your physician before using vibration.



Message Modes Overview

- Press to cycle through 5 message modes (P1–P5).
- All modes except P1 start with: Air Pressure: L1, Heat: H1, Vibration: Off

Modes	Description
P1	Rollers alternate forward & reverse; (Air pressure off)
P2	Rollers reverse + Air pressure
P3	Rollers alternate forward & reverse + Air pressure
P4	Rollers forward + Air pressure
P5	Air pressure only; (Rollers off)

When switching between modes (P1–P5), the device will operate based on the preset parameters of the new mode. Previously selected settings for air pressure, heat, or vibration will not be retained.

? Why P1 Starts Without Air Pressure:

- P1 is designed to start without heat or air pressure for user safety and comfort:
- **Air Pressure OFF:** To avoid discomfort for first-time users. Start with low pressure (L1) and increase gradually.



Time Button

Press to cycle through **6 preset message durations:**

5 / 10 / 15 / 20 / 25 / 30 minutes

The selected duration will be displayed on the LED screen.

After selection, the countdown begins automatically.

LED Display Panel

Displays real-time settings:

- Message Mode: P1–P5
- Air Pressure: L0–L9
- Heat : H0–H3
- Vibration: F0–F3
- Timer: Remaining minutes
- Indicators: "AIR" and "HEAT" appear when active.



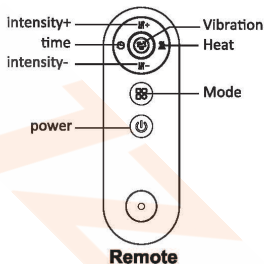
⚠ Caution:

Do not stand on the product during or after use to prevent damage or injury from loss of balance.

Remote Control Instructions



Introduction of wireless remote control:



The remote control needs to be pointed at the control panel on the machine to operate properly.

- When you use it, it is inconvenient to bend over, you can directly use the wireless remote control to operate
- The button function of the wireless remote control corresponds to the button function of the main unit. the wireless remote control does not have a separate button to control the vibration function. please operate on the main product to turn on and off the vibration

Note:

- The wireless remote control should be used within 1.5 meters.
- When using the remote, please aim directly at the control panel of the main unit. Ensure there are no obstructions between the remote and the machine for accurate signal transmission.
- The remote control uses a CR2032 button cell battery. If the battery runs out, please replace it yourself with a new one.

Troubleshooting



Problem	Possible causes	Solutions
Product does not work	The power plug of the product is not plugged in.	Check whether the voltage indicated by the product is consistent with the local voltage, and insert the power plug into the broadcasting base
	The product has just completed a 15 minute massage and automatically switched to stand by mode	If you want to massage again, please press the "power button" again
	You have used this product continuously for 30 minutes, causing the overheat protection device to cut the power supply of the product.	Before reusing this product, you must first unplug the product's broadcast head and cool it for 60 minutes
	The load placed on the product is too heavy (for example, a heavy object is placed on the top of the product).	Unplug the power plug of the product and move the excess weight (if the load is still on the product). Please replug in the power of the product and turn on the product
Product Overheat	The heating function is on.	Turn off the heating function
	You have been massaging this product for 30 minutes.	Unplug the power source of the product and let it down. unplug the power source of the product after each use.
There is sound coming from the product	This sound is caused by the mechanical structure of the product.	This sound is normal and does not mean that the function of the product has failed.

If you run into any issues, feel free to contact me directly through the information on the Warranty page.

