ProRecover

Air Compression Foot & Leg Recovery System

Model: FE-7240



USER MANUAL

Contents

Package List---------- 01

Safety Precautions---------- 02

FAQs---------- 03

Product Description (Control Unit,Button Introduction,Massage Sleeve) -- 04

Operation Guide---------- 07

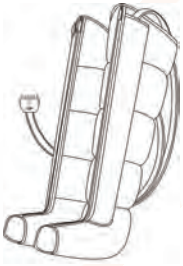
Specifications---------- 09

Cleaning and Maintenance---------- 09

Troubleshooting and Treatment---------- 10

Warranty---------- 11

Package List



Massage Sleeves x 2



Portable Carrying Bag x 1



Power Adapter x 1



User Manual x 1



Quick Guide Tips x 1



Handheld Controller x 1

Safety Precautions

Warnings

No modification of this equipment is allowed.

- If you feel severe pain, notice any unusual symptoms, or need to remove the attachments in an emergency:

1.Press the power button to stop the control unit.
2.Disconnect the hose from either the control unit.
3.Remove the attachments from your limbs.
4.Seek medical advice from a licensed healthcare professional if needed.

- Consult a physician before use if you are:

1.Using a cardiac pacemaker or other implanted electronic device.
2.Equipped with internal metal devices, such as prosthetics.
3.Diagnosed with serious heart conditions or abnormal blood pressure.
4.Pregnant or recently postpartum.
5.Suffering from diabetic neuropathy or sensory impairment.
6.Suffering from weak or damaged bones.
7.Experiencing skin infections, wounds, swelling, burns, or other skin conditions.
8.Diagnosed with serious medical conditions not suitable for massage.
9.Diagnosed with mental health conditions.

- Important safety instructions:

1.Ensure adequate ventilation to avoid overheating, fire, or injury.
2.Do not use in humid, corrosive, oxygen-rich, or extreme-temperature environments.
3.Do not use if the product or power cord is damaged, malfunctions, or exposed to water.
4.Use only the original charger (13.5V / 2.5A) for charging

Cautions

1.Only for personal use , not suitable for medical or commercial purposes.
2.Avoid damaging, pulling, twisting, or excessively bending the power cord.
3.Supervise use by children or inexperienced individuals.
4.Keep out of reach of children.
5.Unplug the adapter when not in use.
6.Clean only with a soft, dry towel; Avoid moisture and direct sunlight.

FAQs

Q1: How can I quickly release air during or after use?
A1: Simply unplug the air hoses connected to the controller.
Turning off the power can also quickly release air.

Q2: What is the recommended frequency and duration for using these leg recovery boots?
A2: For best results, use the air compression recovery boots 1-2 times daily for 15-30 minutes. These boots provide full leg coverage with sequential or independent control for the foot, lower leg, calf, and thigh, allowing for a customized recovery session.

Q3: Can I use it on only one leg?
A3: Both sleeves need to be connected for the device to function. You can wear one sleeve on the desired leg and leave the other aside, but we recommend using both simultaneously for better relief.

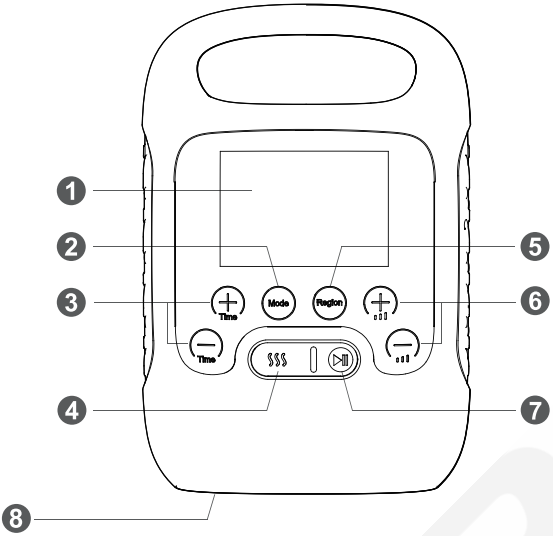
Q4: How should I choose the intensity levels?
A4: The intensity level defaults from the minimum, and it is recommended to gradually increase from bottom to top until you find the most comfortable level.

Q5:Why does the control unit make sound?
A5: The sound comes from the working air pump in the control unit, providing air continuously to the airbags in the sleeves, it's a low sound and that's a normal phenomenon.

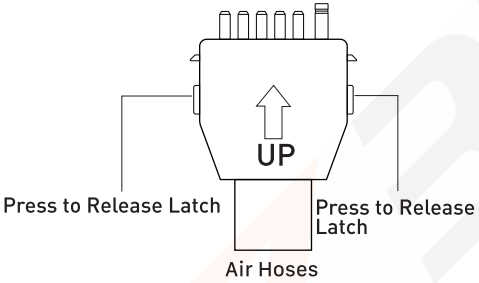
Q6: Can it be used wirelessly or wired?
A6: Yes, both situations are possible. It is recommended to choose wired usage when using at home, which can ensure that the controller is fully charged when carrying it out and can be used 2-3 times wirelessly.

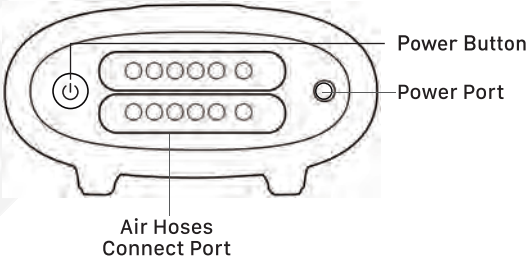
Product Description

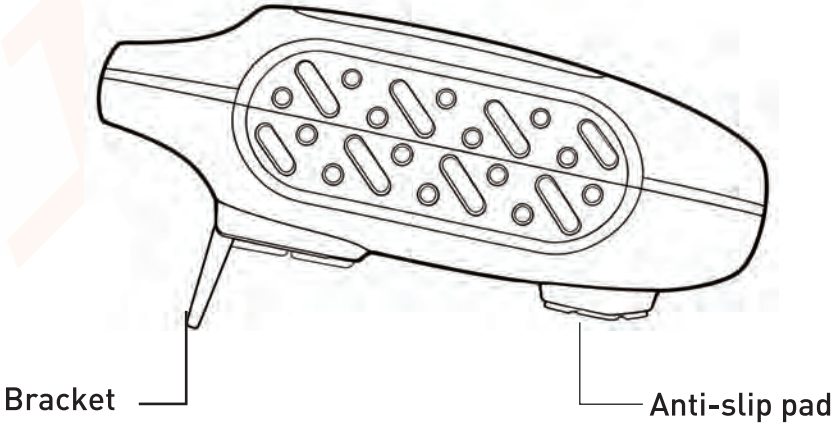
Control Unit



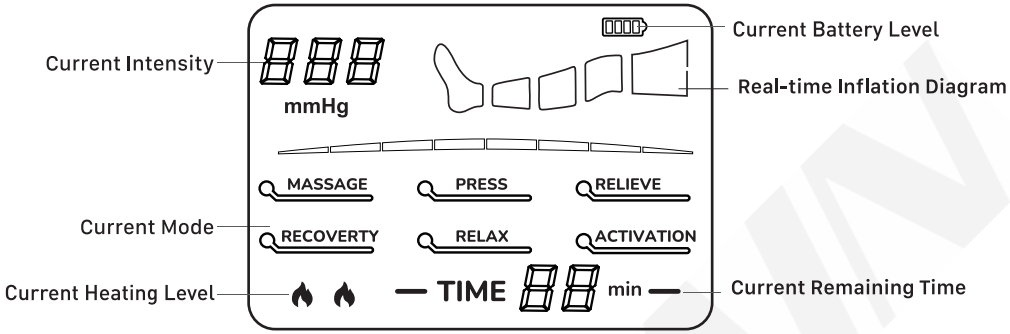
1. Display Screen
2. Mode Button
3. Timer Button
4. Heat Button
5. Position Button
6. Intensity Button
7. Pause Button
8. Power Button







Display Screen:
display current setting



Button Introduction

Power Button :Press for 1.5s to turn on and off the device.

Mode Button : In the power-on state, short press to switch modes.
There are 6 massage modes.

Mode 1-- MASSAGE
Uses rhythmic air pressure cycles to apply even compression on the legs, simulating a deep massage sensation and easing muscle tension



Mode 2--PRESS
Applies strong pressure for deep massage, aiding in deep tissue relaxation and relieving leg swelling or congestion.



Mode 3--RELIEVE
Focuses on relieving muscle soreness and tension, ideal for soothing legs after prolonged sitting or standing.



Mode 4--RECOVERY
Applies progressive pressure to help muscles relax, reduce post-exercise lactic acid buildup, relieve fatigue, and accelerate leg recovery.



Mode 5--RELAX
Uses gentle air pressure cycles to softly relax leg muscles, reduce daily fatigue, and enhance overall comfort.



Mode 6-- ACTIVATION
Uses intermittent inflation and deflation to promote blood circulation, activate muscle groups, and enhance muscle readiness before exercise.



Timing Button:
In the power-on state, press this timing button to select 6 kinds of timing in 20,25,30,35,40 and 45 minutes

+/− Intensity Button: Adjust between 12 Levels, 50-160mmHg, Gap:10

Heating Button: 2 heating levels for the foot area, with the option to turn the heat off

Region Position Button:
There are 5 chambers displayed in the screen, and the corresponding combination mode can be selected, and the intensity can also be adjusted.
This button is equivalent to 14 local massage modes, and 1- 5chambers can be selected for inflation. Each mode gradually inflates the highest airbag in order from bottom to top.

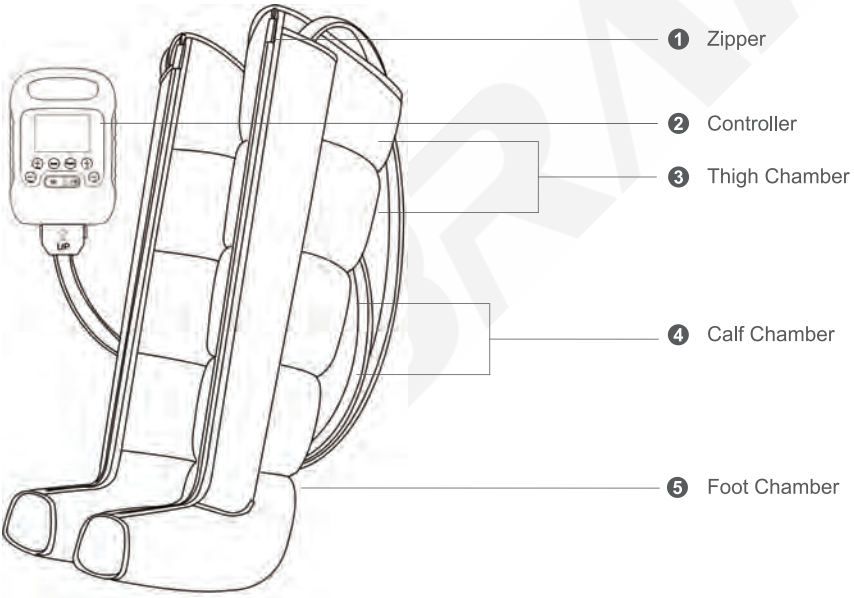
Pause Button:

(1)Press this pause button once, the product enters the pause state, MODE button flashes, except for pause and the power button, the function buttons are invalid and then press pause button to continue the product run.

(2)When paused, the airbag will not deflate, maintaining its original inflated state. If you feel that the pressing time is not enough, you can use this button on your own to control the squeezing time.Please press pause before releasing air to maintain the original state. If the deflation has already started and the pause is pressed, the pressing time cannot be continued.

*Notice:To fully deflate, press the power button or unplug the air hose to close the machine.

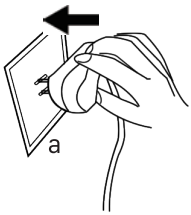
Massage Sleeve



Operation Guide

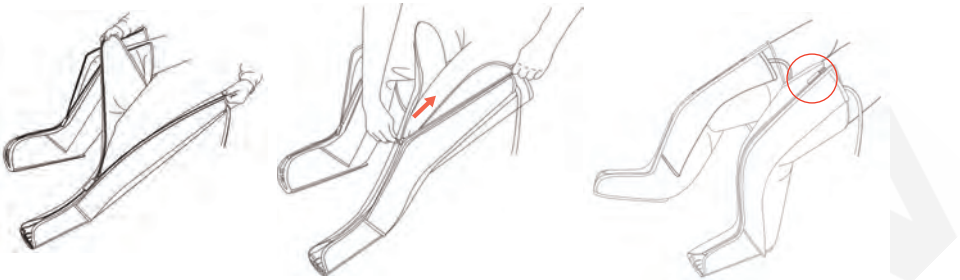
*If you are using the device wirelessly, you may skip Step 1.

1. Plug the power cord into the power port. Set the cord next to the controller—do not connect it yet (e.g. picture a).

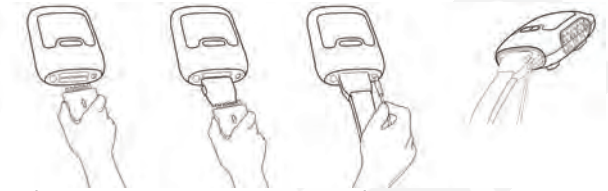


2.Keep the zipper on your feet and calves, slide your legs in like wearing pants, or you can fully open it, put your legs in, and then pull the chain to the end.

* Please make sure the zipper is zipped up completely, never try to use the device with the zipper partially or totally unzipped.



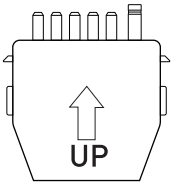
3.Connect the air tubes from the wraps to the controller, then connect the power cord to the controller.



b c d e

Steps: b —> c —> d —> e

Make sure it is dligned to the groove.
Mind the "Up" direction



4.Press the Power button to start. You can use the to pause midway.

5.Refer to the mode instructions and select your preferred mode, intensity level, timer level.

6.After your scheduled time ends, the product will automatically shut down and release air.

7.Wait until the leg sleeve deflates and you feel it loosen, then unzip it.

8.Notes After Use
(1)Unplug the power adapter from the socket.
(2)Pull out the plugs of the power adapter and air hoses from the bottom of the controller.
(3)Take off the wraps, fold them into the storage bag or box.

Specifications

Product Name	Air Compression Foot & Leg Recovery System
Color	Black,Orange
Input	13.5V / 2.5A
Rated Power	33.75W
Adapter	110-240V 50/60Hz
Mode	MASSAGE, PRESS, RELIEVE, RECOVERY, RELAX, ACTIVATION
Battery	3500mAh
Charging Time	150mins
Pressure Intensity	12 Levels, 50-160mmHg, Gap:10
Timer	6 Levels (20-45 min, 5 min/step)
Use Environment	Temperature Range:41-104°F Humidity Range:5%-93% RH Barometric Range:86kPa-105kPa
Storage and Transportation	Temperature Range:14-140.4°F Humidity Range:5%-90% RH Barometric Range:86kPa-105kPa

Product Cleaning and Maintenance

01. To clean the product, first turn it off.

02. If dirty, please wipe the control unit, sleeves and hoses with a damp, clean cloth.

03. Dry thoroughly with a clean cloth.

04. Don't allow foreign matters to enter the hoses.

05. Don't dry clean.

06. Don't use gasoline, alcohol, diluent and other irritating liquid to wipe the machine in case it causes malfunction or the components are damaged or discolored.

07. Do not allow lint or dust to accumulate on the control unit or the hose interconnects. If lint or dust accumulates, wipe down the system with a dry cloth before use.

Troubleshooting and Treatment

Phenomenon	Possible Causes	Solution
Doesn't work and screen is off	❶ Power is not turned on. ❷ Adapter is not securely connected. ❸ Faulty wall outlet.	❶ Press the power button to turn the control unit on. ❷ Make sure the power adapter is connected well to the control unit and the wall outlet. ❸ Check if the wall outlet works.
The screen is on but the sleeves doesn't work.	❶ Only connect one of the sleeves with the air hose. ❷ Air hoses are not securely connected. ❸ The sleeves have been damaged.	❶ It works only when 2 sleeves are connected to the air hose. ❷ Please check if the air hoses are inserted correctly. ❸ Check if the sleeves have an air leak, if there is, please contact us at service mail info@jzbrainglobal.com
Break off during operation or stop pumping	❶ Air hoses are not securely connected ❷ The power adapter falls off. ❸ The massage session time is up	❶ Please check if the air hoses are inserted correctly. ❷ Make sure the power adapter is connected well. ❸ The device will shut off automatically when the pre-set timing is up press the power button to start a new session if needed.

Warranty

A Dedicated Support Team – Just for You

Every product is backed by a 1-year limited warranty and a responsive customer service team committed to your satisfaction. If you're not completely happy with your device, we'll do everything we can to make it right whether that's a replacement, refund, or technical support.

Just email us the issue, and we'll handle the rest.

What We Can Help With

Troubleshoot
Help you solve any issues with your device.

Product Knowledge
Answer questions about your device and best practices.

Initiate Returns
Provide instructions for replacements, returns, and refunds.

Place New Orders
Help with placing orders online and/or through authorized resellers.

Get in Touch

E-mail: info@jzbrainglobal.com

https://jzbrainglobal.com/pages/massager

Customer support available daily from 5:00 PM to 5:00 AM (PDT)

Scan the code to send an email to us